



Body Balance Therapy

Therapeutic Massage, Acupuncture & Cold Laser Treatments

Denise Ferrance, Registered Massage Therapist

- Denise graduated, with honours, from Alberta College of Massage Therapy (2200 hours of training).
- Denise has a passion for massage therapy. Her clients immediately feel the benefits of her holistic approach to massage. Cold or numbing hands or feet benefit from increased circulation. Chronic pain in the neck, shoulder or knee benefit from increased muscle flexibility. You will notice an increase of range of motion right away. Mental and emotional state is being elevated. This will reduce frustration and irritation in the body, increasing mental clarity, focus, physical performance and an overall feeling of well-being.
- Denise's techniques include a range of modalities such as myofascial release, effleurage or muscle flushing, hydrotherapy, trigger point therapy, joint play, and proprioceptive therapy as well as expertise in Swedish Relaxation and Deep Tissue Massage.
- Her desire for learning has enabled Denise to tap into the experience and mentorship at Body Balance, allowing me to continue to add more tools to help my clients in achieving their personal goals.
- She is a registered therapist with Natural Health Practitioners of Canada and part of the team at Body Balance and always happy to welcome new clients.

Denise's photo

to follow

Denise